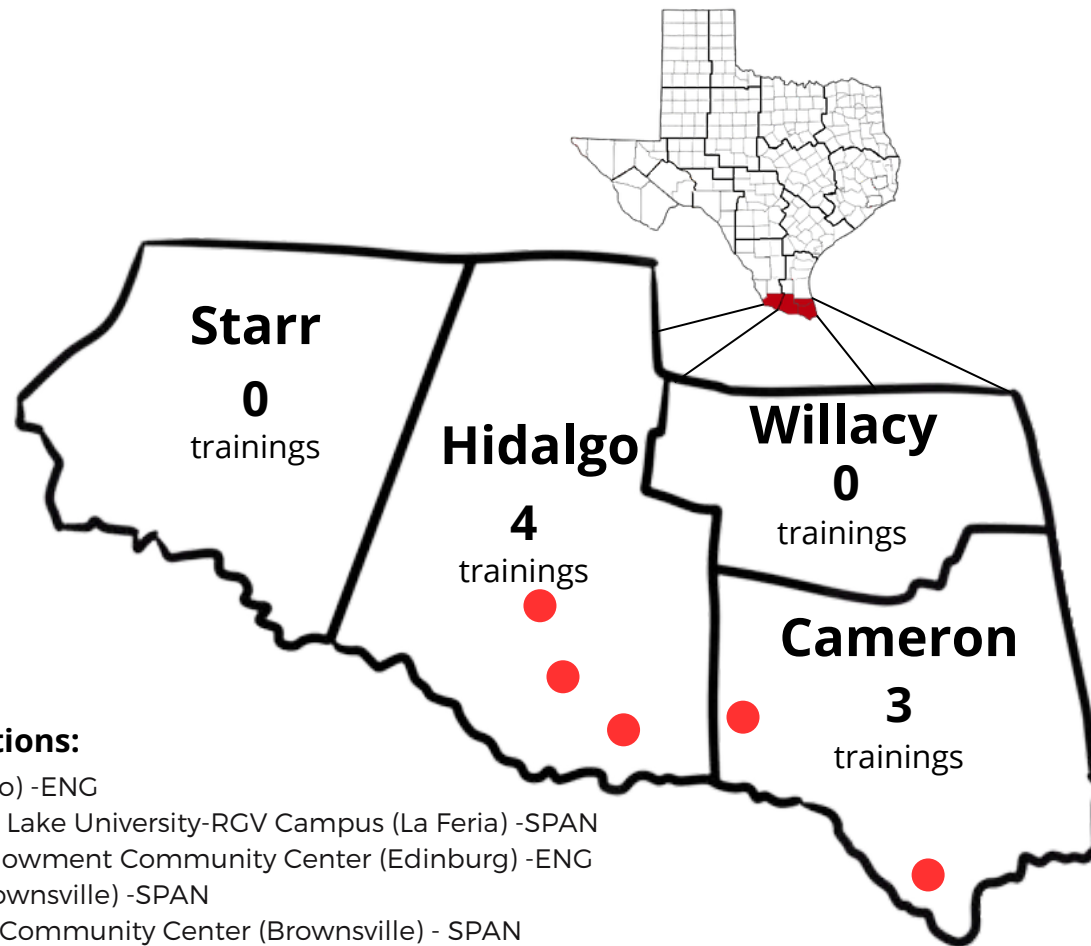


UCD AMBASSADOR PROGRAM

Type 2 diabetes is significantly worse in the Rio Grande Valley (RGV) compared to both Texas and the United States. Community outreach is Unidos Contra la Diabetes' (UCD) primary focus to help reduce the prevalence of type 2 diabetes in the RGV. For this reason UCD began the UCD Ambassadors program in May of 2023. In 2023 UCD held seven Ambassador Trainings across the RGV in which a total of **144 ambassadors** were trained. From May 2023 until the end of the year, there was a total of **210 community presentations** and a total of **3,396 community members reached** by the UCD Ambassadors.

TRAININGS PER COUNTY



● Training Dates and Locations:

- May 1st, 2023: LRGVDC (Weslaco) -ENG
- May 8th, 2023 : Our Lady of the Lake University-RGV Campus (La Feria) -SPAN
- June 12th, 2023: Precinct 4 Endowment Community Center (Edinburg) -ENG
- June 26th, 2023: Su Clinica (Brownsville) -SPAN
- July 28th, 2023: Cameron Park Community Center (Brownsville) - SPAN
- July 31st, 2023: LRGVDC (Weslaco) - ENG
- September 15th, 2023: ARISE (Alamo) -SPAN

UCD AMBASSADOR PROGRAM

PRESENTATIONS PER COUNTY

Presentation Locations:

- <10 presentations
- 10-20 presentations
- 21-30 presentations
- 31-40 presentations
- 41-50 presentations
- 51+ presentations

	Span.	Eng.	Total
Alamo	3	0	3
Brownsville	65	3	68
Donna	9	0	9
Edinburg	5	5	10
Harlingen	3	4	7
La Feria	6	0	6
Los Fresnos	1	0	1
McAllen	4	2	6
Mercedes	4	0	4
Mission	1	1	2
Monte Alto	3	0	3
Penitas	1	0	1
Pharr	10	0	10
Primera	0	1	1
Progreso	4	0	4
RGC	0	31	31
San Benito	4	0	4
San Carlos	0	10	10
Santa Rosa	0	2	2
San Juan	6	0	6
Weslaco	21	1	22
Total	150	60	210

