



# Stomp Out Diabetes

## 2021 3rd Grader Outcomes

SOD was started in 2014 by South Texas Juvenile Diabetes Association as a weeklong preventative program, reaching between 18,000 to 23,000 elementary school age children in several school districts. This program provides nutritional facts, healthy snacking options, and interactive physical activities that any age group can accomplish. To measure awareness and education, the SOD program has children complete a pretest before starting the program and a post-test after completing the program. The 2021 results for the 3rd graders were as follows:

### Participating School Districts

- Edcouch Elsa ISD
- Donna ISD
- Weslaco ISD
- La Feria ISD
- Progreso ISD
- La Villa ISD
- Mercedes ISD
- La Sara ISD
- Lyford ISD

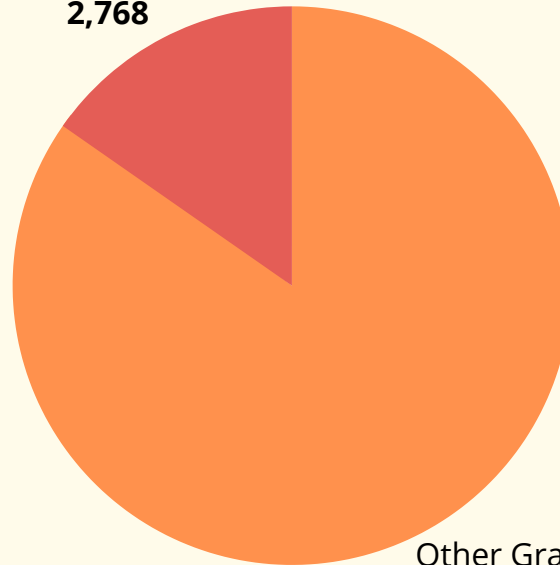
### Program Reach

There was a total of **18,082** participants enrolled in SOD and **2,768** of them were 3rd graders.

### Knowledge Gain

Pre and post-test score comparisons show that students' **knowledge** about diabetes and diabetes prevention **doubled!** The average score went from 29% in the pre tests to 58% in the post tests.

3rd Graders  
**2,768**



Other Grades  
**15,314**

