

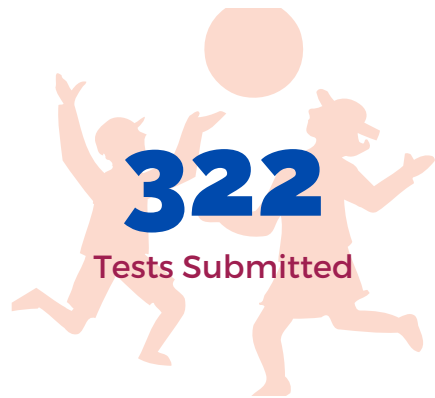


# 2024 Children's Type 2 Diabetes Risk Test

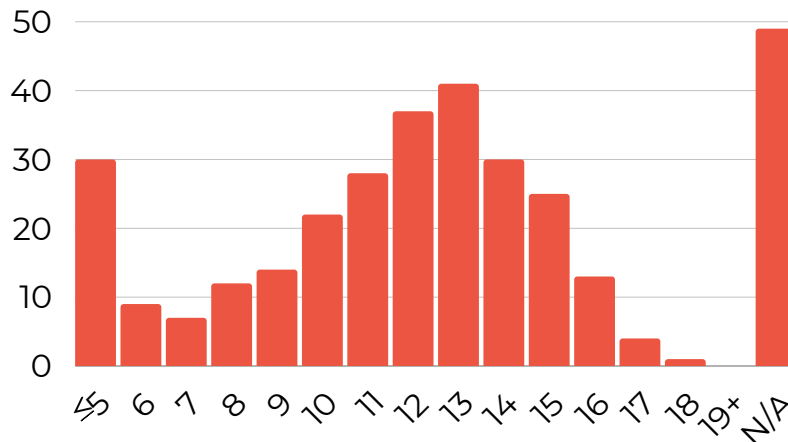
## About the Test

The Children's Type 2 Diabetes Risk Test is an assessment (meant to be completed by a parent for his/her child) that was created to serve as a screening tool for children while also helping gather more health-related data for children living in the Rio Grande Valley. The test is composed of two sections. The first section contains nine questions that will help a parent determine whether their child is at risk for type 2 diabetes. If the parent answers "yes" to none of the questions or one question, the child is at low risk for developing type 2 diabetes. In this case the parent is simply advised to keep encouraging his/her child to stay physically active and eat healthy. If the parent answers "yes" to two or more questions, the child is at high risk for developing type 2 diabetes. In this case, parents are advised to consult with their child's medical care provider to see if additional testing is needed. The test states that only their child's medical care provider can tell them if their child has type 2 diabetes.

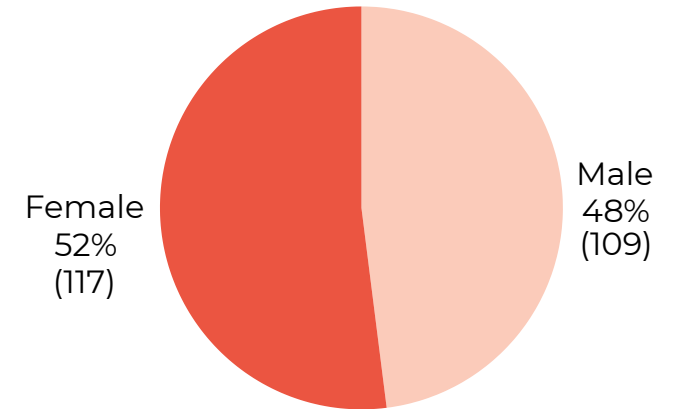
The second section of the test is meant to gather general children data such as age, sex, ethnicity, race, body mass index, screen time, physical activity, and consumption of fruit, vegetables, and water. The following data was collected between January 1, 2024 and June 30, 2024..



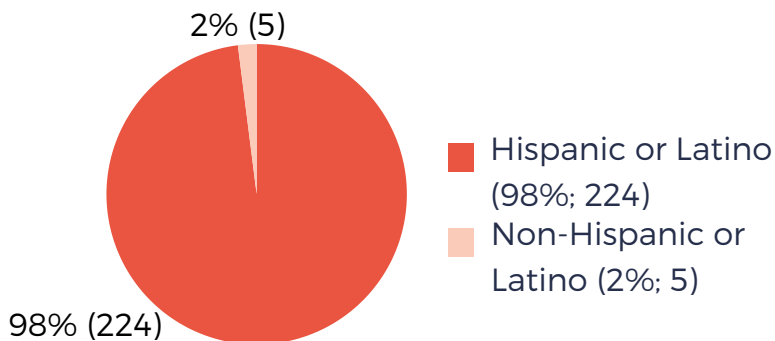
### AGE



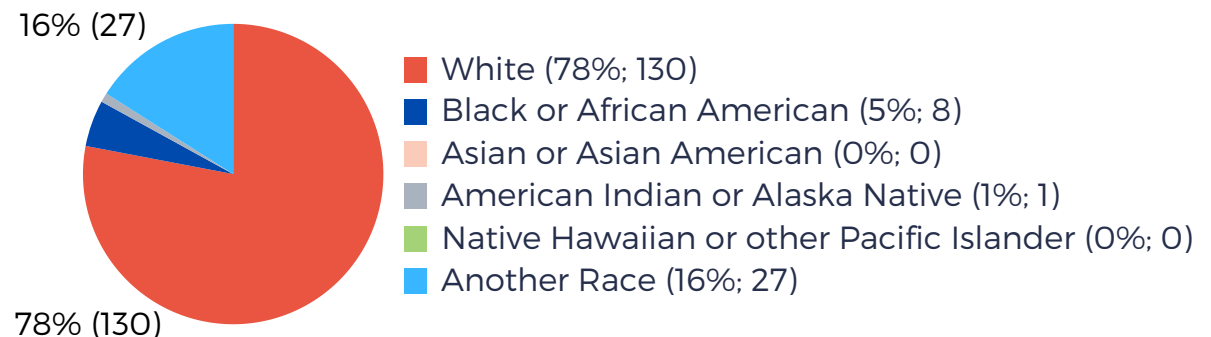
### SEX



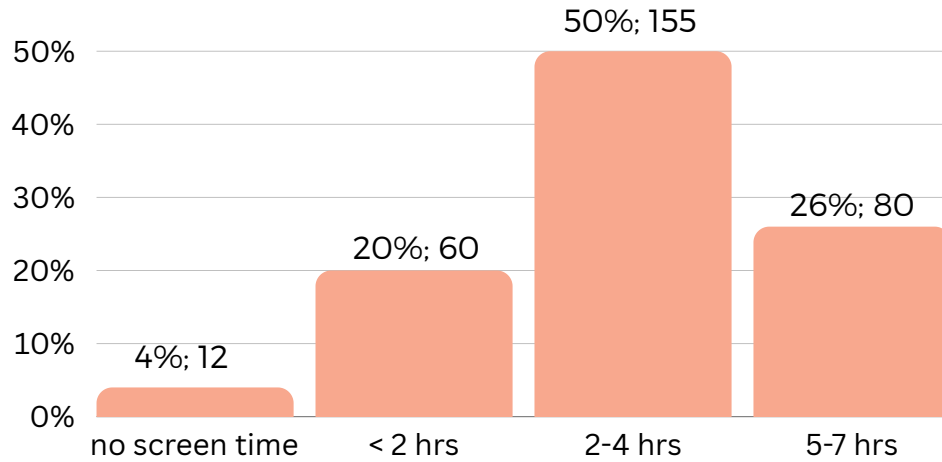
### ETHNICITY



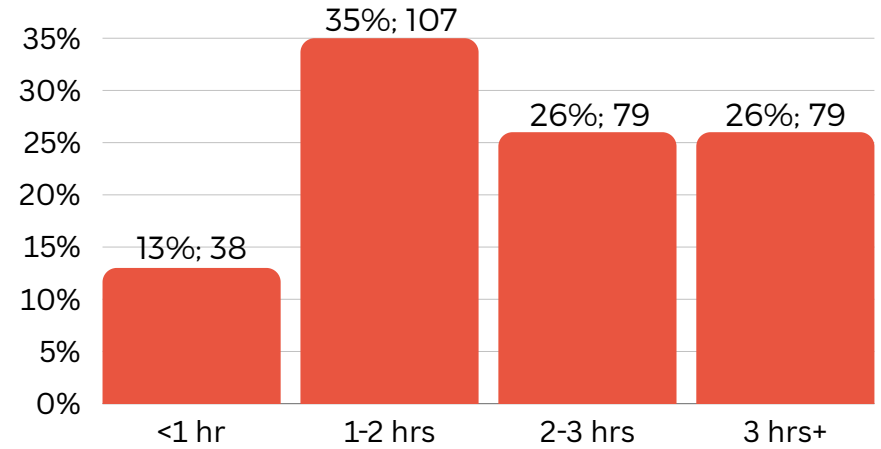
### RACE



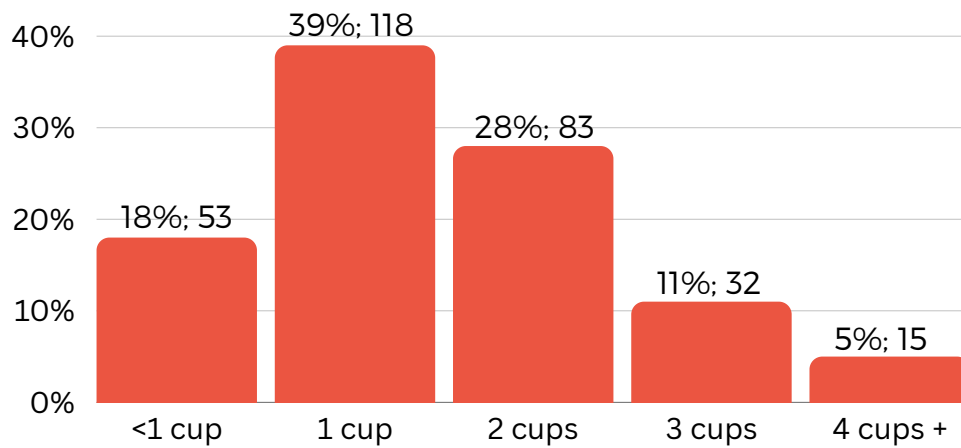
### SCREEN TIME PER DAY



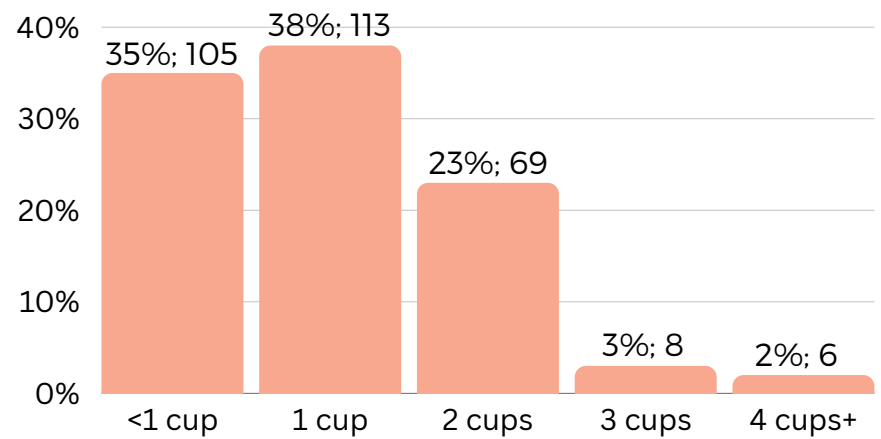
### PHYSICAL ACTIVITY PER DAY



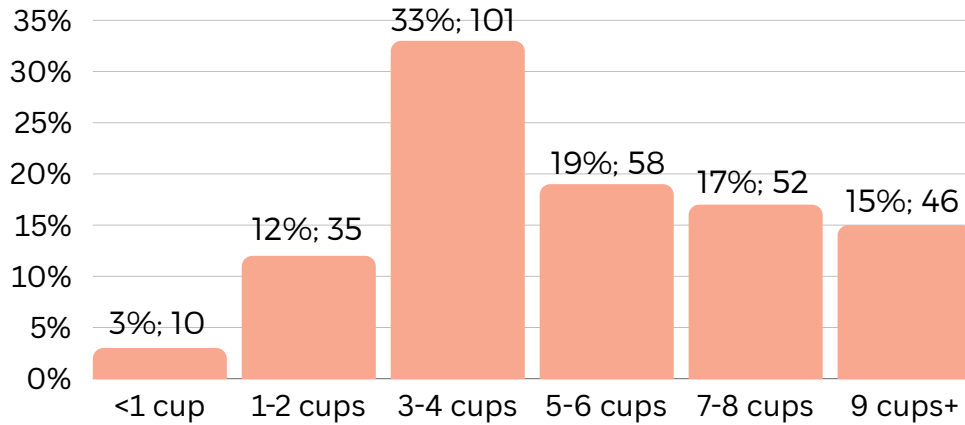
### FRUIT CONSUMPTION



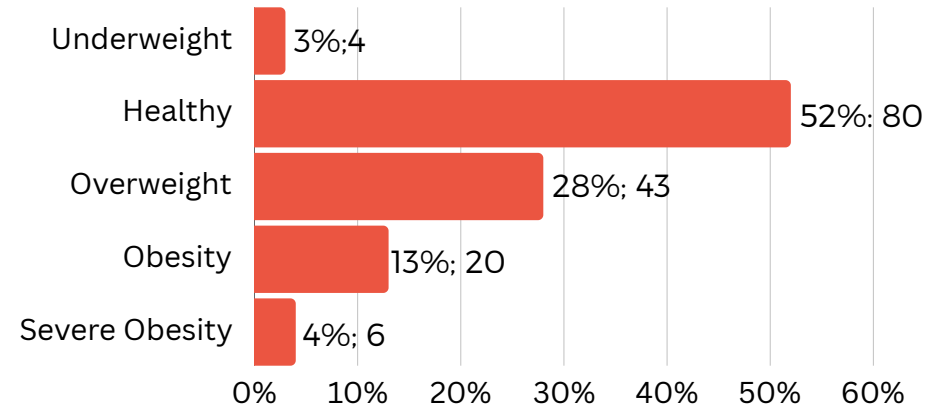
### VEGETABLES CONSUMPTION



### WATER CONSUMPTION



### BODY MASS INDEX (BMI)



\*\*\*Only 153 of 322 participants had BMI data\*\*\*

### CHILDREN AT RISK OR DIAGNOSED WITH DIABETES

